**Sycamore Class Timetable 2018/2019**

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|  | **9 - 10** | **10 - 11** | **11 – 11.55** | **11.55 – 1** | **Afternoon** |
| **Monday** | **Registration/Communication**Sensory programmesO.T programmes Movement based learning**Access to hall and soft play.** | **Group snack & individual choosing time, incorporating**social skills, communication skills , life skills , relaxation and play (indoors or outdoors). **Equine therapy (Monday)** | **Outdoor play followed by class based activity stations, - story time;** **arts and crafts; ICT.*****11.45 - Life skills – getting ready for lunch*** | **Lunch then break****Social skills; Communication Skills; Life Skills****Play and relaxation; Movement/exercise – outdoors.** | **Horse Riding (RDA) – 3 pupils****Cooking – 3 pupils****Access to sensory room.** |
| **Tuesday** | **Registration/Communication**Sensory programmesO.T programmes Movement based learning**Access to hall and soft play.** | **Group snack & individual choosing time, as above** | **Outdoor play followed by class based activity stations, - story time;** **arts and crafts; ICT.*****11.45 - Life skills – getting ready for lunch*** | **Lunch then break****Social skills; Communication Skills; Life Skills****Play and relaxation; Movement/exercise – outdoors.** | **P.E in the hall or yard.****Music** |
| **Wednesday** | **Registration/Communication**Sensory programmesO.T programmes Movement based learning**Access to hall and soft play.** | **Group snack & individual choosing time, as above.** | **Swimming (5 pupils)** | **Lunch then break****Social skills; Communication Skills; Life Skills****Play and relaxation; Movement/exercise outside** | **Minibus Outing****Outdoors play and exploration** |
| **Thursday** | **Registration/Communication**thenSensory programmesO.T programmes Movement based learning**Access to soft play.** | **Group snack & individual choosing time, as above.****Thur - Massage therapy** | **Outdoor play followed by class based activity stations, - story time;** **arts and crafts; ICT.*****11.45 - Life skills – getting ready for lunch*** | **Lunch then break****Social skills; Communication Skills; Life Skills****Play and relaxation; Movement/exercise - outdoors** | **Cooking****Sensory Programmes (Swing) in sensory room.** |
| **Friday** | **Registration/Communication**thenSensory programmesO.T programmes Movement based learning**Access to hall and soft play.** | **Group snack & individual choosing time, as above.**  | **Outdoor play followed by class based activity stations, - story time;** **arts and crafts; ICT*****11.45 - Life skills – getting ready for lunch*** | **Lunch then break****Social skills; Communication Skills; Life Skills****Play and relaxation; Movement/exercise – outdoors.** | **Minibus Outing****Outdoors play and exploration**Access to sensory room from 2pm Assembly 2.40pm |